

Essential Eligibility Criteria

Red Clay State Historic Park

Blue Hole Trail Guided Hike

Program participants should be able to do the following, independently or with the assistance of a companion or adaptive equipment:

- Stay alert and focus attention during instruction
- Understand and follow directions and instructions to avoid and/or manage risks
- Tolerate exposure to the natural elements, including sun, temperature, and humidity for 1 hour
- Travel over and negotiate varied terrain for 0.20 miles in 1 hour, with regular bench seating available
- Perform self-care including maintaining nutrition and hydration, personal hygiene, and managing existing medical conditions away from built facilities
- Be able to identify and recognize environmental risks, including but not limited to, loose rock and unstable surfaces, uneven terrain such as tree roots, slow-moving water such as creeks, and potentially hazardous animals, insects, and plants

Should you need additional assistance to participate, please contact the park or visit our website.