Essential Eligibility Criteria

Hiwasse Scenic River State Park

Hike along the John Muir

Program participants should be able to do the following, independently or with the assistance of a companion or adaptive equipment:

Attendees should be able to walk ~3 miles unassisted or with minimal assistance.
Attendees should be able to spend at least 2 hours in the outdoors depending on the season.
Attendees should wear the appropriate attire when hiking (closed-toe shoes, a jacket if cold, a hat if hot and sunny, etc.)
Attendees should bring any food, water, medications, or supplies that they deem necessary
Attendees under the age of 12 must have a parent or guardian present with them.
Attendees should be able to navigate potenital trail haards, rocks, roots, mud and slick rocks within reason.

Should you need additional assistance to participate,
please contact the park or visit our website.

TENNESSEE State Parks