

# Essential Eligibility Criteria

## Seven Islands State Birding Park

### ***Kelly Lane Greenway***

Program participants should be able to do the following, independently or with the assistance of a companion or adaptive equipment:

- Understand and follow instructions to avoid and/or manage risks
- Tolerate the outdoor elements including temperature for 2-3 hours
- Perform self-care including maintaining nutrition and hydration, and managing existing medical conditions
- Be able to identify and recognize environmental risks, including but not limited to sun exposure and potentially hazardous animals and insects
- Move over paved surfaces with gradual inclines and declines for a total of up to 2.7 miles (round-trip)
- Travel over trail for 60 minutes without sitting

Should you need additional assistance to participate, please contact the park or visit our website.