

Essential Eligibility Criteria

Clinch River Valley State Park

Volunteer Trail Work

Program participants will need to be able to do the following independently or with assistance of a companion or adaptive equipment:

- Understand and follow directions to avoid and/or manage risks.
- Tolerate the elements including temperature for 1-5 hours (depends on volunteer commitment).
- Perform self-care including maintaining nutrition and hydration, personal hygiene, and managing existing medical conditions.
- Be able to identify and recognize environmental risks, including potential hazardous animals, insects, and slippery terrain.
- Move over and work on uneven, unpacked soil terrain for 0.50 mile.
- Be able to swing/use tools such as Maddocks, Pulaski's, Mcleods, Shovels, Rock Bars, and loppers for extended periods of time (periodic 10-minute breaks will allow time to rest).
- Wear all protective gear recommended or required for the work/service, including but not limited to protective eyewear, face mask or shield, gloves, helmet, footwear.
- Work responsibly and reliably with minimal supervision and/or on a team.

Should you need additional assistance to participate; please contact the park office

