Essential Eligibility Criteria

Roan Mountain State Park

Moonshiner's Run Hike

Program participants should be able to do the following, independently or with the assistance of a companion or adaptive equipment:

- Travel over and negotiate varied terrain for 2 miles in an estimated 90 minutes.

- Move over uneven and/or unstable surfaces, such as packed soil, mud, rocky soil, river rocks, and tree roots for the specified mileage. Navigate structures such as uneven steps and bridges.

- Travel over trail for 90 minutes without sitting.

- Manage personal care in remote environments without access to electricity and/or running water.

- Be prepared to dress in weather-appropriate clothing, wear sturdy hiking shoes and sun protection, and bring water.

Should you need additional assistance to participate, please contact the park or visit our website.

TENNESSEE State Parks