

Essential Eligibility Criteria

Pickwick Landing State Park

Island Loop Trail

Program participants should be able to do the following, independently or with the assistance of a companion or adaptive equipment:

- Understand and follow directions to avoid and/or manage risks
- Tolerate the elements including temperature for 3 hours
- Perform self-care including maintaining nutrition and hydration, and manage existing medical conditions
- Be able to identify and recognize environmental risks, including potentially hazardous animals, plants, and insects
- Move over uneven, packed soil terrain with occasional tree roots measuring up to 3 inches in height for 2.8 miles
- Traverse elevation changes totaling 115 feet
- Travel across 1 wooden bridge and 2 seasonally wet creek beds
- Pass through narrow sections of trail down to 2.5 feet wide

Should you need additional assistance to participate, please contact the park or visit our website.