

Essential Eligibility Criteria

Sycamore Shoals State Historic Park

Walking in Frontier Footsteps

Program participants should be able to do the following, independently or with the assistance of a companion or adaptive equipment:

- Understand and follow directions and instructions to avoid and/or manage risks
- Tolerate exposure to the natural elements, including sun/temperature for one (1) hour
- Move over uneven, packed soil, grassy terrain, gravel trails, and gradual incline/decline
- Travel over and negotiate varied terrain for one half (0.5) miles in an estimated one (1) hour

Should you need additional assistance to participate, please contact the park or visit our website.