

# Essential Eligibility Criteria

## Warriors' Path State Park

### ***Winter Tree Keys***

Program participants should be able to do the following, independently or with the assistance of a companion or adaptive equipment:

- Stay alert and focus attention during instruction
- Understand and follow directions and instructions to avoid and/or manage risks
- Tolerate exposure to the natural elements, including sun/temperature for 2 hours
- Travel over and negotiate varied terrain for 1 mile in an estimated 40 minutes
- Travel over trail for 10 minutes without sitting

Should you need additional assistance to participate, please contact the park or visit our website.