

Essential Eligibility Criteria

Chickasaw State Park

Hiking

Program participants should be able to do the following, independently or with the assistance of a companion or adaptive equipment:

Understand and follow directions to avoid and/or manage risks

Tolerate the elements including temperature for two (2) hours

Perform self-care including maintaining nutrition and hydration, personal hygiene, and managing existing medical conditions

Be able to identify and recognize environmental risks, including potentially hazardous animals and insects

Move over uneven, packed soil terrain with occasional tree roots

Navigate trail up and down gradual inclines and declines

Navigate wooden bridges over shallow creek beds

Should you need additional assistance to participate, please contact the park or visit our website.