Essential Eligibility Criteria

Burgess Falls State Park

River Trail and Ridgetop Trail

Program participants should be able to do the following, independently or with the assistance of a companion or adaptive equipment:

- Tolerate the elements including temperature for one (1) hour
- Perform self-care including maintaining nutrition and hydration, personal hygiene,and managing existing medical conditions
- Be able to identify and recognize environmental risks, including potentially hazardous animals and insects
- Move over uneven, packed soil terrain with several tree roots and rocks for one and a half (1.5) miles
- Navigate trail up and down gradual inclines and declines for one and a half (1.5) miles; one area has eighty (80) steps measuring six (6) inches to fifteen (15) inches in height

Should you need additional assistance to participate,
please contact the park or visit our website.

TENNESSEE
State Parks