

Essential Eligibility Criteria

Standing Stone State Park

Hike with a Ranger

Program participants should be able to do the following, independently or with the assistance of a companion or adaptive equipment:

- Tolerate exposure to the natural elements for 2 hours
- Perform self-care including maintaining nutrition and hydration, personal hygiene, and managing existing medical conditions away from built facilities
- Be able to identify and recognize environmental risks, including but not limited to, loose rock and unstable surfaces, and potentially hazardous animals, insects, and plants
- Travel over steep, uneven, rocky, and varied terrain for 1 mile in an estimated 2 hours
- Navigate trail up and down gradual inclines and declines for 1 mile
- Travel over trail for 2 hours without sitting

Should you need additional assistance to participate, please contact the park or visit our website.