

# Essential Eligibility Criteria

## Big Ridge State Park

### ***Full Moon Float***

Program participants should be able to do the following, independently or with the assistance of a companion or adaptive equipment:

- Maintain sealed airway passages (i.e. mouth and nose) while underwater in order to prevent water from entering airways
- Remain balanced while seated inside the vessel with limited head, neck, and back support while paddling vessel in turbulent water. Personal adaptive equipment may be used.
- Wear a Type III Coast Guard-approved personal floatation device with a proper fit.
- Control a paddle and pull it through the water to steer and propel the boat forward.

Should you need additional assistance to participate, please contact the park or visit our website.