

Essential Eligibility Criteria

Big Hill Pond State Park

Turkey Call Trail Hike

Program participants should be able to do the following, independently or with the assistance of a companion or adaptive equipment:

- Understand and follow directions to avoid and/or manage risks.
- Tolerate outdoor elements for extended periods of time.
- Perform self-care including personal hygiene, nutrition/hydration, and managing any preexisting medical conditions.
- Be able to evaluate environmental risks to avoid injury.
- Hike through wooded areas for 3.0 miles.
- Safely navigate slippery or uneven surfaces.

Should you need additional assistance to participate,
please contact the park or visit our website.

