

Essential Eligibility Criteria

Cove Lake State Park

Ranger Guided Wildflower Hike

Program participants should be able to do the following, independently or with the assistance of a companion or adaptive equipment:

- Stay alert and focus attention during instruction
- Understand and follow directions and instructions to avoid and/or manage risks
- Tolerate exposure to the natural elements, including sun/temperature for 1 hour
- Perform self-care including maintaining nutrition and hydration, personal hygiene, and managing existing medical conditions away from built facilities
- Be able to identify and recognize environmental risks, including but not limited to: loose rock and unstable surfaces, uneven terrain, and potentially hazardous animals, insects, and plants
- Travel over trail for 60 minutes without sitting

Should you need additional assistance to participate, please contact the park or visit our website.