

Essential Eligibility Criteria

Cedars of Lebanon State Park

Cave Creek Trail Hike

Program participants should be able to do the following, independently or with the assistance of a companion or adaptive equipment:

Hiking

- Stay alert and focus attention during instruction
- Understand and follow directions and instructions to avoid and/or manage risks
- Tolerate exposure to the natural elements, including sun/temperature for up to 1 hour
- Perform self-care including maintaining nutrition and hydration, personal hygiene, and managing existing medical conditions away from built facilities
- Travel over paved rubber terrain, metal bridge, and three boardwalks for 0.6 miles in an estimated 30 minutes to one hour
- Travel along the trail with access to nine benches and two ADA picnic tables
- Manage personal care in environments without access to electricity and/or running water

Should you need additional assistance to participate, please contact the park or visit our website.